



Effective Study Techniques for Best Results: Supporting your Child/ Student

VENUE: The Education Centre, Tralee

DATES: Saturday, 2nd February 2019

TIMES: 10-12pm

PRESENTER: Fidelma Eames Healy

BOOKING: www.edcentretralee.ie cost: €10

COURSE DESCRIPTION

Aimed at assisting second-level parents to support their child with study and learning throughout second-level and with an eye on the exams. The range of what's involved is discussed including:

- *Learning Styles,*
- *Student Motivation,*
- *Managing Time & Getting Organised,*
- *Study & learning strategies,*
- *Memory & Recall*
- *Mental Health & Wellbeing*
- *How the Parent can help*